

PRAKASH

Chemicals Agencies



ILLUMINATION

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✓ Blog of the month	-----	03 Page
✓ Celebrations	-----	05 Page
✓ CSR activities	-----	08 Page
✓ Market update	-----	09 Page
✓ Moral Story	-----	10 Page
✓ Management tips	-----	11 Page
✓ Puzzle your mind	-----	12 Page

Hello Folks,
Greetings for the day to everyone.!

Currently I am reading a very beautiful book - The Power of Your Subconscious Mind – By Dr. Joseph Murphy. Here I would like to share few golden statements which are like power pack from few chapters of this book which I have explored so far:

Background of The Book:

This book tells how to access the potential of the subconscious mind. Accessing our subconscious mind can make us happier and wiser. It has the potential to lower mortality rates. It can also help you make money and assist you in finding the love of your life. The subconscious mind has the power to improve people's lives. Author - Dr. Joseph Murphy conducted years of research on the world's major religions. He believed that some Great Power lies behind all spiritual life. This power is within each of us.

I have tried bifurcating Golden Statements from this book in a form of DO's and DONT's:



Do's : Things you should Implement

- ✔ **Do Repeat Things:** Repetition Can Train Your Subconscious Mind.
- ✔ **Focus on Positive Thinking & Visualization:** These Are Integral for Achieving Your Dreams.
- ✔ Utilize Your **Natural Ability to Self-Heal.**
- ✔ **Let Go** of All **Negative Thoughts.**
- ✔ **Do Combine Visualization and Personal Passion:** This will Considerably Improve Your Life.
- ✔ **Feed Your Subconscious Mind carefully:** Your Subconscious Can either Make You or Break You. Desire Happiness.
- ✔ There Are Three Main Steps to Success

- 1. Love Your Work**
- 2. Specialize**
- 3. Be Altruistic**





DON'Ts - Things you need to get out of your Mind.

- ✘ **Don't Over think Things:** Many times, we over think things which clutters our mind. Sometimes it's best to just make up your mind and take action. Like the old saying goes: "He who hesitates is lost.!"
- ✘ **Don't worry about what others think:** Caring about what other people think is a huge source of mind clutter
- ✘ **Don't Live in Past:** The past has already happened. So, no point in wasting valuable brain power on it as there is nothing you can do about it anyways. Learn from it and move on.
- ✘ **Don't Feel Sorry for self:** Again, this will not help anywhere. Taking responsibility for your life and where you are in it can be extremely empowering. Instead of feeling sorry for yourself, figure out how to improve yourself. And do self-introspection often.
- ✘ **Don't be jealous:** Instead of being jealous of others, be happy for them. It doesn't make you any less of a person and is only cluttering your mind.
- ✘ **Don't carry Negative Thoughts:** Those pessimistic thoughts always creeping into your mind are not doing you any good, so get rid of them!
- ✘ **Don't Compare yourself with others:** This is a losing battle because there is always someone smarter, in better shape, in better looks more competent etc. Focus on being the best version of yourself.

Remember:

"The law of the subconscious mind works for good and bad ideas alike. This law, when applied in a negative way, is the cause of failure, frustration, and unhappiness. However, when your habitual thinking is harmonious and constructive, you experience perfect health, success, and prosperity." — Dr. Joseph Murphy

Mr. Kamlesh Jagyasi

Manager
(HR - Department)

Editor for the Month





PCAPL's 20th birthday
and Independence Day
Celebration







Ms. Neelam Sinha



Mr. Nikunj Baria



**Mr. Rahul Khuman
Mr. Dhaval Desai
Mr. Akhil Vekariya**



Mr. Maulesh Pota



Mr. Dilip Pal



Raksha Bandhan celebration at our adopted Anganwadis



Independence Day Celebration



Nutrition food Kits distribution to TB patients





- For the supply chain partners of the chemical industry, the global pandemic has made their job ever tougher. With delayed supplies becoming a regular affair, experts suggest chemical companies to rapidly adopt innovative technologies. They point out the need for speed and agility as the keys to staying resilient and competitive.
- Payal Group, India's leading manufacturer of Plasticizers and Chlorinated Paraffins announces the setting up of a 30 KTA greenfield manufacturing facility of primary & speciality plasticizers in Tamil Nadu.
- Agrochemical Major Indofil Industries recently launched three products in Hyderabad - Skystar for BPH on Paddy, Sapper (an early sucking complex on cotton) and Alecto (Lepidopteran and Thrips on Chili and other Vegetables) in Hyderabad
- India should set-up small modular reactors to meet energy needs - Small modular reactors (SMRs) are advanced Nuclear Reactors that have a Power Capacity of upto 300 MW(e)
- Flavour and Fragrance F & F compounds that find use in a plethora of products - fine fragrance, cosmetics, detergents, foods and pharmaceuticals to name a few - evoke a spectrum of emotions and are important determinants of consumer choices.
- Shree Renuka Sugars Ltd. (SRSL) a large sugar manufacturer, is set to commission its expanded Ethanol production capacity in October-December quarter this year.
- The government has issued draft Indian Ports Bill, 2022 (IP Bill 2022) for stakeholder consultation as the present Act (Indian Ports Act 1908) is 110 years old and a revamp is required to incorporate India's international obligations, address emerging environmental concerns, and aid consultative development of the ports sector in the national interest.
- Prime Minister Shri Narendra Modi dedicated the Second Generation (2G) Ethanol Plant in Panipat, Haryana to the Nation through video conferencing on 10th August, 2022.
- ICT Mumbai launched book on "Pigment Technology", covers pigment manufacturing science involved in pigment dispersions; criteria for pigment selection for an application, classification of pigments; raw materials used, chemistry involved and manufacturing processes in brief
- US Food major Cargill has opened a new Headquarters for its India Unit at Gurugram, Haryana, while launching a new Cargill Business Services (CBS) Office in Bengaluru.
- Hyderabad based Godi India is set to become the first Indian Company to manufacture Lithium-ion cells by this month.
- The Union Government has launched three schemes to strengthen Micro, Small and Medium Enterprises (MSMEs) in the Pharmaceutical Sector.
- GAIL (India) Ltd. Wants to double its share capital as well as Speciality Chemicals am clean energy to its line of business as it looks to diversify business beyond Natural Gas transmission and distribution.
- Payal Group, a lading manufacturer of Plasticizers and Chlorinated Paraffins, has announced the setting up of a 30 kta greenfield manufacturing facility for Primary and Speciality Plasticizers in Coimbatore, Tamil Nadu.
- Advanced recycling techniques for Plastics - Mechanical and chemical recycling technologies need to be viewed as not competing, but complementary. The latter can be an important back-up for handling plastic wastes that have exhausted their potential for mechanical recycling

CHANGE YOUR MIND SET TO CHANGE YOUR LIFE

MORAL STORY

Once upon a time there lived a father with his daughter. One day she complained to her father that her life was miserable and she didn't know how she was going to make it. She was tired of fighting and struggling all the time. It seemed just as one problem was solved, another one soon followed.

Her father, a Chef, took her to the kitchen. He filled three pots with water and placed each on a high fire. When the three pots began to boil, he placed potatoes in one pot, eggs in the second pot and ground coffee beans in the third pot and asked his daughter to let them boil. She eagerly waited to watch what her father is doing.

He pulled out the potatoes and eggs out of the pot and placed them in a bowl separately and placed the coffee in a cup and turned to her daughter and asked "what do you see?"

She hastily replied "Potatoes, eggs and coffee". He again asked her to touch all the three items and reply. She touched the Potatoes and noted that they were soft. Then she took an egg and after pulling off the shell she observed it hard-boiled egg. Finally his father asked her to sip the coffee and its rich aroma brought a smile in her face.

After observing the above, She asked her father "What does this mean?"

Her father explained that the potatoes, eggs and coffee beans faced same adversity - The boiling Water. However, each one reacted - POTATO went in strong, hard, and unrelenting, but in boiling water, it became soft and weak. EGG : It was fragile, with the thin outer shell protecting its liquid interior and in boiling water inside of the egg became hard. COFFEE BEANS - though unique. after exposed to the boiling water, they changed the water and created something new.

After giving full explanation, father advised her daughter "When adversity knocks on your door, you should have the power to choose how to deal with it either a Potato, an Egg, or a Coffee Bean" because Life is possibly a matter of circumstance but the freedom of choice is ours.

MORAL OF THE STORY

In life, things happen around us, things happen to us, but the only thing that truly matters is how you choose to react to it and what you make out of it. Life is all about leaning, adopting and converting all the struggles that we experience into something positive.

Potatoes



Eggs



Coffee Beans



Planning helps to take a peep into the future and decides in advance the way to deal with the situations, which we are going to encounter in future. It is a fundamental function, which involves deciding beforehand what is to be done, when is it to be done, how it is to be done and who is going to do it. It is an intellectual process which lays down an Organization's objectives and develops various courses of action. It is necessary to ensure proper utilization of human & non-human resources. Some important Characteristics of Planning includes :

■ **Managerial Function:**

It provides the base for other functions of the management, i.e. organizing, staffing, directing and controlling, as they are performed within the periphery of the plans made.

■ **Goal oriented:**

It focuses on defining the goals of the organization, identifying alternative courses of action and deciding the appropriate action plan, which is to be undertaken for reaching the goals.

■ **Pervasive:**

It is pervasive in the sense that it is present in all the segments and is required at all the levels of the Organization.

■ **Continuous Process:**

Plans are made for a specific term, say for a month, quarter, year and so on. Once that period is over, new plans are drawn, considering the Organization's present and future requirements and conditions. Therefore, it is an ongoing process, as the plans are framed, executed and followed by another plan.

■ **Intellectual Process:**

It is a mental exercise as it involves the application of mind, to think, forecast, imagine intelligently and innovate etc.

■ **Futuristic:**

In the process of planning we take a sneak peek of the future. It encompasses looking into the future, to analyse and predict it so that the organization can face future challenges effectively.

■ **Decision making :**

Decisions are made according to the choice of alternative courses of action that can be undertaken to reach the goal. The alternative chosen should be best among all, with the least number of the negative and highest number of positive outcomes.

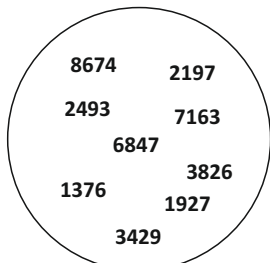
In short, planning improves resource utilization, provides motivation and commitment, set performance standards, allows flexibility, focuses attention on objectives and result, provides guidelines for decision making and serves as a prerequisite to employ all other management functions.





PUZZLE YOUR MIND

Q1- Which number is the odd one?



Q2- Forests cover almost one third of our Earth's land surface. But all forests are not the same. Three main factors determine the kind of forests that thrive in a particular place. Unscramble the following to get them :

- a) ETMLICA : _____
b) OPOTRAGHPY : _____
c) OLIS EPTY : _____

Q3- Find the logic and give answer

LIKE = 35
MAKE = 65
RIPE = 110
SAFE = ?

Q4- I am always on the ground but can't see me as dirty or soiled. What am I ?



**Answer to
the Puzzles
of July 2022**

Puzzle No.1) Ans : WOMAN
Puzzle No.2) Ans : 3698
Puzzle No.3) Ans : TILL (Farmers do this)
TILE (Made of Ceramic)
TALE (A story)
SALE (At a discount)
Puzzle No.4) Ans : Diamond Ring

**LIFE BRINGS YOU ONTO THE NEW STEP EVERYDAY.
IT MAKES YOU BELIEVE IN YOURSELF AND TRANSFORM
EVERYTHING AROUND INTO AN OPPORTUNITY**



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